

BARSTOW LOG

SUPPORTING MCLB'S VISION FOR THE 21ST CENTURY

Vol. 6, No. 47

Marine Corps Logistics Base Barstow, California

October 3, 2002

ASMC Gets New Officers

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Check out the Marine Corps Web site.

<http://www.usmc.mil>

Fire inspections begin in housing

By Sgt. Joseph Lee
BARSTOW LOG Staff

The Fire and Emergency Services Division here will be conducting its annual family housing fire safety inspections throughout October and continuing until all units in family housing have been inspected.

The fire safety inspection is an effort to ensure safety equipment in the homes is serviceable and to ensure families are familiar with their emergency exit plans, according to Marine Corps Fire Inspector Terry B. Jenkins.

The inspections should take two fire service personnel approximately 10 minutes to complete the inspection.

"What we are looking for most importantly," said Jenkins, "is that the

family knows their home evacuation plans; their two ways out. We want to make sure also that they can operate and recognize the condition of fire safety equipment."

According to Jenkins, the inspection targets four main areas of the home:

- Smoke and carbon monoxide detectors will

be checked for condition and functionality.



Photo by Sgt. Joseph Lee

Terry Jenkins, fire inspector, inspects Gunnery Sgt. Edward Jones' stove in base housing.

- The home's exits will be checked to ensure there are no obstructions that would interfere with any emergency evacuation.

- All heating, hot water, dryer and kitchen range units will be inspected for serviceability, valve and switch condition, and cleanliness. The electrical breaker panel will also be checked for proper labeling and efficiency, and also to introduce the owners to the proper use of the switches.

- The garage and general area will be checked for proper storage of flammable liquids and the accumulation of special hazards such as glass, lumber, used oil and other hazardous materials.

To make an appointment for your home inspection, call Fire Inspector Terry Jenkins at 577-6093.

MCLB Marine to deploy to Europe

By Sgt. Joseph Lee
BARSTOW LOG Staff

According to the drill instructors who train Marines, every Marine is a basic rifleman, first and foremost.

Every Marine can be called to duty at any time, from any location—even MCLB Barstow.

Most Marines stationed here have heard others talk about how this unit is non-deployable. How if conflict breaks out, no Marine stationed here would be cut orders to attend.

Gunnery Sgt. Norman A. Tuzon will testify to the contrary.

Like many others in the history of MCLB Barstow, Tuzon recently received individual orders to report to a country in turmoil for a six-month deployment. Tuzon will be spending the next six months overseas as a contingency contracting officer with a real-world NATO peacekeeping operation.

Because of the state of conflict in the country where he is needed, Tuzon said that he is required to report with a complete issue of combat gear, including his M-16A2 service rifle.

"It is a hot country," said Tuzon.

"People I have contacted over there have told me that I will be sleeping, eating and PT-ing with my rifle by my side."

Tuzon received the orders in September from Headquarters Marine Corps to report less than a month later to Marine Forces Europe.

"I came here from recruiting duty with the impression that this unit was non-deployable, but less than a year after I reported to this base I received orders," said Tuzon.

Tuzon is a contracting and purchasing specialist here.

He, like many others stationed here, is involved in higher education and is on-track to finish his bachelor's degree next semester.

"Fortunately, I can finish my degree online from overseas," said Tuzon.

"Apparently the school is so flexible, it will allow me to finish up even while I am deployed."

According to Tuzon, school is just one of the many concerns Marines have to deal with when and before they receive orders for deployment. Marines here don't realize that they

See **ORDERS** Page 9



Photo by Cpl. Joshua Barnhardt

A local girl hangs onto a sheep during the mutton bustin' competition at the Barstow Rodeo Stampede. Local children were encouraged to participate in the event. For more on the rodeo see Pages 6 and 7.

New Regime for Local ASMC Chapter

By Randy Meyer
Office of the Comptroller

The new fiscal year's MCLB Barstow American Society of Military Comptrollers (ASMC) new executive board of officers was announced at its general membership meeting on Sept. 10.

Tito Escobedo was elected president, Randy Meyer as 1st vice president, Erin Foster as 2nd vice president, Lou Ann Presley as 3rd vice president, Billie Reed as secretary, and Conni Lewellyn as treasurer.

"We have helped put MCLB Barstow on the map by winning the national newsletter awards two years in a row, being the first chapter to produce a Certified Defense Financial Manager professional in LogBases, and having one of our members win the Secretary of

the Navy Individual Achievement in Budgeting Award," said outgoing chapter president Randy Meyer, reflecting on his three-year tenure.

Fiscal Year 2002 ASMC Chapter Scholarship awardees were also announced at the meeting. Scholarship were awarded to Adam Carter, son of John and Margaret Carter, who is attending Victor Valley College and plans to transfer to California State University or California Poly-Technical University to pursue a degree in computer science; Sandi Bonner, son of Larry and Corina Bonner, who is transferring to California State University-San Jose for a degree in computer engineering; and Lindsey Meyer, daughter of Randy Meyer, who is enrolled in the Davis College Nursing Program.

The meeting's featured speaker Francis Villeme, the base education officer, spoke on the government-

sponsored degree and training programs being offered for federal and military personnel.

"Now is the time to review your goals and ambitions," Villeme said. "Think back to when you first said to yourself, 'when I grow up I want to be this or that', and renew your strategy to fulfill it."

His audience peppered him with questions and discovered programs that could be geared to their unique career situations such as examinations that offer college credit for doing their jobs and services that can help them analyze their professionalism and past achievements to further their careers. Villeme closed his presentation with the challenge, "make a appointment with me, bring in your resume and old transcripts, and I'll help you find a program that will help you achieve your career goals."

ASMC is a Department of Defense-sponsored

private organization devoted to a growing professional society of 18,000 members worldwide. ASMC promotes the education and training of its members, and supports the development and advancement of the military comptrollership profession. The society sponsors research, provides professional programs to keep members abreast of current issues and encourages the exchange of techniques and approaches. It also administers the Certified Defense Financial Manager program, a certification whose counterpart is the Certified Public Accountant program.

ASMC local chapter meets quarterly and attends national and regional professional training seminars in comptrollership. To join or attend the base's ASMC chapter meeting, call Lou Ann Presley at 577-6636.



Photo by: Lance Cpl. John Goss

On Tuesday, the Senate approved the nominations by the Senate Armed Services Committee, of Gen. James L. Jones for reappointment to the grade of general and to be Commander, United States European Command and Supreme Allied Commander, Europe, and Lt. Gen. Michael W. Hagee for appointment to the grade of general and to be Commandant of the Marine Corps. Hagee is currently the commanding general of the 1st Marine Expeditionary Force at Marine Corps Base Camp Pendleton, Calif.

Just did my job ...



Photo by Curt Lambert

Lt. Cmdr. Elmon Krupnik, former base chaplain, received a Meritorious Service Medal from Col. Liz Bergman, base commander, Sept. 24, for his work here. He is moving on to the USS Constellation, home-ported in San Diego.

Chapel Services

Protestant Sun. 8:30 a.m.
Mass Sun. 10:30 a.m.

**Confession services
before Mass**

Catholic Rosary

First Saturday of
every month.
3 p.m. at the Base Chapel.

For more info call
577-6849.

Nebo Bible Study

Wednesday Noon-1:30 p.m.

At the Chapel Office.

For more info call
577-6849.



BARSTOW LOG
OFFICIAL PUBLICATION OF MARINE CORPS LOGISTICS BASE BARSTOW

Marine Corps Logistics Base Barstow, California
Colonel Ingrid E. Bergman, Commanding Officer



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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon Fridays for the next week's issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Marine Corps Ball tickets

Marine Corps Ball tickets are now on sale. Ticket sales are scheduled daily from 7 a.m. to 8:30 p.m., Mondays through Fridays at Building 15 in the base duty room.

Tickets for officers, civilians and guests are \$21, staff noncommissioned officers are \$16, sergeants and corporals are \$10, and lance corporals and below are free. Each Marine can buy a ticket for a guest at his price, except for lance corporals and below, who have to pay \$10 for their guest. Each guest after the first is \$21.

For room reservations at the special room rate at the Primm Valley Resort, call 1-800-FUN-STOP, and use the code SCM1106. Regular rooms are \$25, jacuzzi rooms are \$119 and suites are \$129. All room reservations should be made before Oct. 25.

FMA hosts Fall Luncheon

The Federal Managers Association is slated to hosts its fall luncheon on Oct 10 from 11 a.m. to 12:30 p.m. at the Oasis Club. Guest speaker for the luncheon is Jana Ruth, training consultant with Organizational Planning and Training, who'll discuss "Humor and Laughter in the Workplace." Cost of the event is \$6.50. To make reservations, contact the following FMA members:

Lorella Garcia at 577-6352
Leroy Sanchez at 577-6022
Ken McFauls at 577-7234
Millie Sanchez at 577-6918

Safety Shoes available

Anyone interested in purchasing safety shoes can purchase them on Oct. 9 at Yermo, in front of Building 573, from 7 to 11 a.m., and at Nebo in the parking lot located on the east end of Building 236 from noon to 2 p.m. For more information call the Base Safety Office at 577-6266.

Calico Days

Calico Days will be held Oct. 11, 12, and 13 at Calico Ghost Town. Calico Days will feature the Marine Corps Mounted Color Guard, a gunfighting championship, a burro run and a wild west parade at high noon as some of the many events taking place.

Visitors can pan for gold, shop and dress in 1880's costumes as part of the fun as well. For more information, call 1-800-TO-CALICO or go to <http://www.calicotown.com>.

Motorcycle Safety Training

There will be a motorcycle safety training class Oct. 11 at the Base Safety classroom in Building 236 from 7 a.m. to 3 p.m.

Participants will need a current motorcycle license or permit, a reflective vest, full fingered gloves, a helmet, long sleeves and long pants, over the ankle boots, and their own motorcycle.

For more information, call Steve Waugh, the base license examiner, at 577-6448.

MCB Auto Show

The 8th Annual MCB Stress Awareness Auto Show is scheduled to take place at Building 573, on Oct. 18 from 6:30 a.m. to 3 p.m. This event is open to all MCLB employees, and it doesn't matter what type of vehicle you enter. If you're a hotrodder, or just a person who likes to tinker with cars and are interested in putting your pride on display, call Jack Brumit at 577-7126.

Spouse Info Night at the Oasis

A Spouse Information Night is scheduled for Oct. 23 at Oasis Club from 5 to 7 p.m. It will be an Open House meeting with representatives from the Red Cross, Navy Relief, Commissary, Marine Corps Community Services, Personnel Support Division and others. The event is open to all military spouses; however, civilians are invited to attend as well.

Big Bear Challenge

The Big Bear Challenge will take place on Oct. 25 at Big Bear Mountain. Sign-up rosters for this annual event are located at the base gym and outside the Headquarters Battalion S-3 office. All participants must sign-up by Oct 11.

Teams are restricted to Marine Corps and Navy Personnel assigned to MCLB Barstow only. For more information contact Capt. Nowell McKnight, Battalion S-3 Officer, at 577-6801.

Barstow Chamber hosts flea market

The Barstow Area Chamber of Commerce will host a flea market on "Make A Difference Day" Oct. 26 from 8 a.m. to 2 p.m. in the Cora Harper Community Center parking lot and the lower Dana Park parking lot. Spaces are available for \$20.00. Each space is approximately the size of two parking spaces. For more information or for vendor applications, call 256-8617.

Question to the Corps

ALMAR 051/02 announced the Calendar Year 2002 4th Quarter "Question to the Corps": In light of the current world political climate, how can we better prepare our Marines to fight in a rugged, high altitude, mountainous, arid and sparse environment?

Submit your "Question to the Corps" reply and/or your "Marine Mail" through any of the following venues: USMC Web site at www.usmc.mil/cmc; fax to (703) 614-5035; email to marinemail@hqmc.usmc.mil; or mail to Marine Mail (CMC), HQMC, 2

Navy Annex, Washington D.C. 20380-1775. Stick to the submission criteria and you will receive a reply within 30 days of receipt.

Boll Field closure

The Base Safety Office has sent out notification that Boll Field is off limits to all motor vehicle traffic.

Pass and ID

The Pass and ID section is accepting appointments for issuing ID cards at their new location in Building T-117 across from the Base Gym. Please call 577-6969 or 577-6371 to make an appointment.

Walk-ins will be assisted between appointments if time permits; however, appointments are encouraged.

Tae kwon do

Tae kwon do classes are scheduled to be offered at the gym from 4:30 to 6 p.m. Tuesdays and Thursdays.

Uniforms for the class are \$25, and the class will cost \$45 monthly. For more information visit the Base Gym or call 577-6971.

4th Annual Fun Run

The Barstow Boys and Girls Club 4th Annual Tortoise and Hare Fun Run/Walk will be held Nov. 2. This Fun Run/Walk benefits the Barstow Boys and Girls Club and offers 5K, 10K and 15K routes through Barstow. Every participant will receive a finish medal, goody bag and T-shirt. Early bird entry fee is \$20. Call the Boys and Girls Club at 255-2422 for an entry form or more information.

Environmental mailbox

The Environmental Department has established a new mailbox for reporting environmental observations and concerns. The new e-mail address is smbbarstowenvironmentalreporting@barstow.usmc.mil.

Employees who observe anything aboard base which they feel might have an adverse effect on the environment (i.e., illegal dumping of trash behind warehouses or other remote areas of the base, unlabeled or leaking drums, residue on the ground that could indicate a spill, or anything else that causes an employee concern) should send an e-mail to the mailbox.

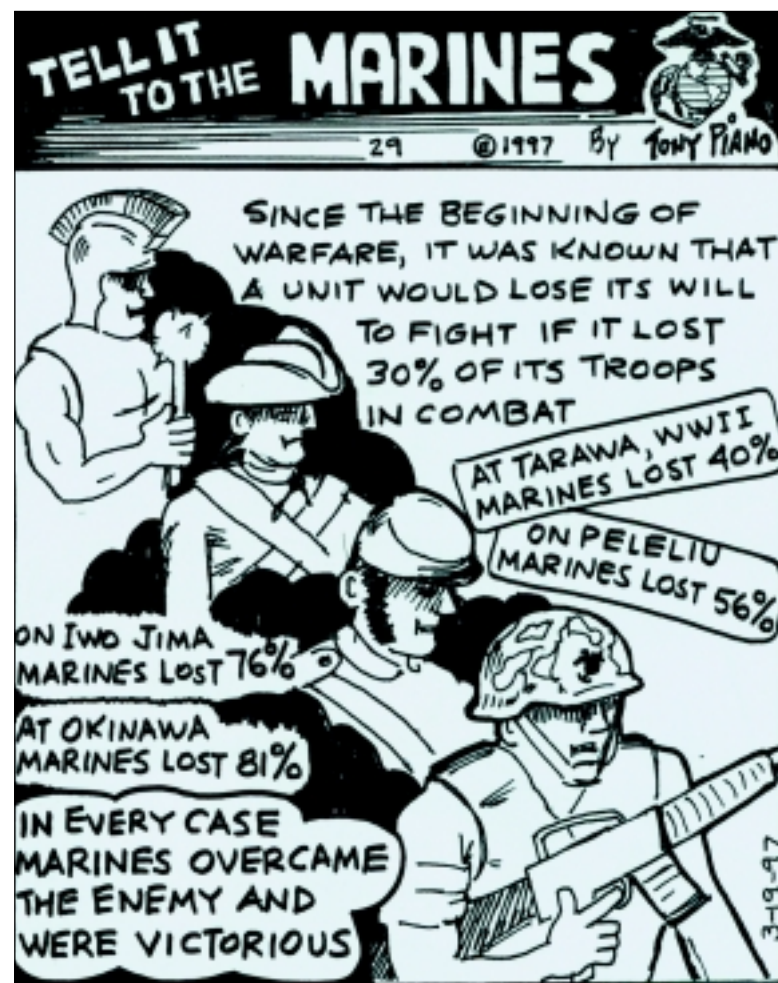
If there is a concern that needs immediate attention contact the Environmental Department, 577- 6173.

Aerobics classes

Aerobic classes have been temporarily cancelled through Nov. 2. Call 577-6971 for details.

Maintenance Complaint line

To report complaints about repair and maintenance work on real property, i.e., base buildings, excluding



housing, call 577-5159.

Yermo vehicle registration

People may register their vehicles on the first and third Tuesdays each month from 7:30 to 9:30 a.m. at the security trailer next to the Cactus Cafe at the Yermo Annex.

Vehicle registration, proof of insurance, a valid driver's license and a current ID card are required. Call 577-6969/6371 for more information.

Water quality line

Base personnel with water quality concerns or complaints should contact Pete Barela, water and sewage supervisor for the Installations Division, 577-7880.

VITA volunteers wanted

The Volunteer Income Tax Assistance program is looking for a few dedicated volunteers to assist active-duty military, retired military and their respective dependents with the preparation of their 2002 income tax returns.

The VITA program allows armed forces personnel to avoid the sometimes-hefty processing fees, usually \$70 to \$90, that civilian agencies charge.

This program is sponsored by the Internal Revenue Service in cooperation with Headquarters Marine Corps through the Office of the Staff Judge Advocate.

All VITA volunteers must attend a two-week training program offered by the Internal Revenue Service and California Franchise Tax Board during January 2003.

Volunteers will become knowledgeable in federal and California tax law.

In addition, volunteers will be trained to use tax wise computer software so that all tax returns they prepare may be electronically filed.

Each volunteer will be required to commit at least eight hours per week from Feb. 1 to April 15 at the Tax Center to provide tax assistance.

More intensive tax training could be offered through OSJA to a 10-week H&R Block Tax Training Course beginning Sept. 9 upon approval of management and individual supervisors.

To find out how to participate in the VITA program or for further information, please contact Jacque Fadeley, 577-6874, or Barbara Kulseth, 577-6771.

GEICO Military Service Award

Applications are being accepted for the 2002 Government Employees Insurance Company, GEICO, Military Service Awards. The deadline for nominations is Oct. 11.

One service member from each of the services is selected each year for awards for contributions in each of the following areas: drug and alcohol abuse prevention, fire safety and fire prevention, and traffic safety and accident prevention.

For nomination qualifications and package submission guidelines or more information, see MARADMIN 391/02 available online at www.usmc.mil or contact Eleanor Kaufer, (703) 614-1202/3164.

Bats – winged mammals are harmless unless otherwise detected

By Rob L. Jackson
BARSTOW LOG staff

Bats are nocturnal creatures that for many years have been associated with Halloween, haunted houses, blood-sucking characters like Bram Stoker's Dracula, and comic book characters such as Morbius and Batman.

They are perfectly harmless creatures and are the only mammal capable of air flight. In addition they are great for the environment especially for insect control, according to the U. S. Fish and Wildlife Service. One little brown bat can catch up to 1,200 mosquitoes in just one hour.

Though having bats around for insect control is good they are, after all, like many other wild mammals, susceptible to disease - rabies in particular. When people think about bats they imagine things that aren't true. Bats are not blind. They will not suck your blood – and most do not have rabies, according to the Center for Disease Control.

"In fact, only about one tenth of one percent of the entire bat population are infected," said Eric Fortin, pest control coordinator, Installation and

Logistics Department, MCLB Barstow.

Recently a rabid bat was caught by pest control in the housing area, during the daylight hours no less. No cause for alarm however, because according Fortin this was the first in the seven years that he's been here.

Seeing a nocturnal creature during the day is very unusual and should be the first inclination that something is wrong, said Fortin.

"If you see a bat during the day and it's flopping around on the ground, or flying around in places where you wouldn't normally see it during the day, something is out of place and you should give Pest Control a call," said Fortin.

Should an individual cross paths with a bat under the aforementioned circumstances, keep the animal within sight until Pest Control arrives. If handling the bat is a necessity make sure gloves are used, or place a canister over the animal trapping it until help arrives, Fortin advises.

Rabies is an infectious viral disease that affects the nervous system of humans and other mammals, according to the Center for Disease Control. Ra-

bies virus from bats has caused most of the recent human rabies cases in the United States.

If bitten by a bat - or if infectious material such as saliva from a bat gets into your eyes, nose, mouth or a wound – wash the affected area thoroughly and seek medical attention immediately. However, because bats have such small teeth, which may leave marks that are not easily seen, there are situations in which medical attention is required even when a wound is not visible, according to CDC.

"You can't get rabies from bat guano (feces)," said Fortin.

However, the accumulation of bat droppings can create a fungal organism that can produce the respiratory illness histoplasmosis in people, dogs, cats and other animals, according to Fortin.

"But you would only find that mostly in caves," he said.

Although that is not is big problem here, it good to be aware of the facts. As long as these creatures remain nocturnal there's no need to be concerned with the myths and legends associated with them, like Dracula. But then again...

GOT NEWS?

If you think you've got something newsworthy call the public affairs office at 577-6430.

Fire Prevention Week schedule of events

- Fire Prevention Week goes from Oct. 6 through Oct 12. To promote this important observance the MCLB Fire and Emergency Services Division has scheduled a number of educational and fun-filled activities for children and adults:
- Oct. 7**
11 a.m. to 12:30 p.m. - Open House Nebo/Yermo Fire Stations. Cake & Drinks!
- Oct. 8**
11:30 a.m. to 1 p.m. - Maintenance Center. Visit the Smoke Filled Safety House! Educational handouts for all ages.
- Oct. 9**
9 a.m. - The Child Development Center children will be participating in activities at the Nebo Fire Station.
- Oct. 10**
Fire and Emergency Services Division will be visiting MCLB Child Development Center
- Oct. 10**
2:30 to 6 p.m. - MCLB Fire Division will be hosting the 6th Annual Fire Prevention Fair at the McKinney Youth Center. All military, civilians and families are welcome.
Free hot dogs, chips and drinks. Sponsored by MCCS. Come experience evacuating the Smoke Filled Safety House!



AROUND THE CORPS

Celebrity Boot Camp hits airwaves

By Staff Sgt. Chad E. McMeen
Los Angeles Motion Picture and TV Liaison Office

It's 4 a.m. on a cool August morning when a plain-white bus pulls up to its destination to load recruits as it has done many times before. The white exhaust bellows from the rear of the vehicle as the driver waits for 10 Hollywood celebrities to board what will become their limousine. Their destination — Marine Corps Recruit Depot San Diego, Ca.

Minutes later the brakes let out a screech as the wheels of the bus come to a halt.

A Marine who is all too familiar with this situation boards the bus, his face hidden by the shadow of his jet-black campaign cover. A few words of instruction and the game begins. The goal for these 10 recruits, who are used to being pampered, is to survive four days with three former Marine Drill Instructors in a place called Boot Camp.

At 8 p.m. ET/PT on Sept. 30 FOX television aired "Celebrity Boot Camp" which filmed aboard MCRD

Base Camp Pendleton in the Camp Deluz training area.

In addition to being filmed almost entirely aboard Marine Corps property, various units aboard Camp Pendleton provided critical support to ensure the show's success.

"Official support was provided because of our association with 'Boot Camp' reality shows," explained Capt. Shawn Haney, Project Officer with the Marine Corps Motion Picture & TV Liaison Office in LA. "It also allows us to highlight the professionalism and leadership of the show's DIs and our ideals of teamwork, discipline and motivation."

The drill instructors were faced with the daunting task of instilling values and creating a positive change in the recruits during this short four-day evolution.

"Celebrity Boot Camp" is a two-hour special based on the popular 2001 FOX series "Boot Camp" which filmed throughout a 30-day period

San Diego and Marine Corps

and ran on television for 9 weeks during which the contestants were narrowed down to one winner, Jennifer Whitlow who received \$500,000.

The rules of the two shows are very similar except in "Celebrity Boot Camp" the drill instructors rank the recruits during training and only the best continue.

The field was narrowed down to two recruits who underwent a grueling eight-event competition called the "Gauntlet," which put them through mental and physical tests of endurance and strength.

The winner of "Celebrity Boot Camp" was determined by a combination of the dismissed recruits' votes and total "Gauntlet" victories.

"We are privileged once again to be collaborating with the United States Marine Corps and are thrilled about the return of several of our original 'Boot Camp' drill instructors," said Eric Schotz, President and Chief Executive Officer of LMNO Productions.

See **BOOT** Page 9



Photo by: Ray Mickshaw/FOX

Traci Bingham, from Baywatch, is introduced to the Marines by Drill instructor Tony Rosenbun during induction day on "Celebrity Boot Camp."

Barstow Rodeo Stampede ropes MCL



Story and photos by Cpl. Joshua B. BARSTOW LOG staff

The Barstow Rodeo Stampede came and went last weekend, but while it was here, it put on a great show.

Cowboys and cowgirls as far away as Oklahoma, Texas and even Australia, and some as close as Apple Valley participated in the rodeo.

Among the highlights was two-time all around cowboy champion, Joe Beaver winning the calf roping competition with a time of 8.1 seconds.

Charmayne James, 10-time world barrel racing champion, also contended for first in her event.

The cowboys were busy this weekend working as many as three rodeos. Some travelled from Northern Arizona after competing there to ride in Barstow, trying to secure some cash winnings and the, always valuable, points to help out their cause in the world standings.

To entertain the fans, B&E Dairy brought

A cowboy bails off his horse to try and wrap up the calf in the calf roping competition. Joe Beaver, two-time all around cowboy champion won the event with a time of 8.1 seconds.



From left to right: Cpl. Jeremy Palu, Master Gunnery Sgt. Kim Ortamond, Staff Sgt. Verliann Nuuhiwa, and Lance Cpl. Jeremiah Russo, make up the Marine Corps Mounted Color Guard, which presented the colors to a standing audience during the opening ceremonies at the Barstow Rodeo Stampede.



A cowboy ties a calf's legs together during the calf roping competition.



A cowboy ties on his boot strap during the calf roping competition.



A steer gets turned during the steer wrestling competition at the Barstow Rodeo Stampede.

B stables

arnhardt

Cowpoke, the world's largest Holstein steer, to the rodeo.

Weighing about 2,800 pounds, Cowpoke entertained curious children by being kind enough to let them sit on his back for a picture.

MCLB Barstow was present at the event, selling pizzas to hungry patrons and held a drawing for those who felt lucky in support of the Marine Corps Ball fund.

The Marine Corps Mounted Color Guard also presented the colors during the opening ceremonies Saturday and Sunday.

Fort Irwin also showed their horsemanship skills with the 11th Armed Cavalry Regiment's mounted guard.

The soldiers were dressed in old cavalry uniforms the Army used to wear while they were still on horseback.

"I was surprised at how much fun I had," said Casey Slusser, a student at Barstow College. "I came not knowing what to expect, but the cowboys put on a really good show."



s to protect his boots before the bull riding



John Kissel tries to hang on for eight seconds during the saddle bronc riding competition. The Barstow Rodeo Stampede featured some of the best rodeo cowboys and cowgirls in the business during the two-day event.

MCLB Marine does well in powerlifting competition

By Cpl. Joshua Barnhardt
BARSTOW LOG staff

James Hosey saunters onto the padded black mat where a bar holding 500 pounds awaits him. He needs this lift to secure first place in his weight class at the Edwards Air Force Base Powerlifting Competition.

He blows out a breath of air and tenses his muscles as he begins to deadlift the bar. All he has to do is get it off the ground and lock his legs out, but it is no small task with his legs quivering and his back screaming from the tension.

As Hosey leans back and holds the lift, the crowd breaks out in applause and the judge gives him the green light for a good lift.

With that, Hosey has passed up his competitor to claim the title in the 197 pound weight class.

In each of the previous two events, the judge ruled a bad lift on his attempt with the heaviest weight, negating about 50 pounds off his score.

While going for 370 pounds on the squat, Hosey was told he did not go down far enough, and when he went for 270 on the bench press he was penalized for not pausing when he brought the bar down.

He had to settle for 340 pounds on the squat and 255 on the bench press and was trailing his competition in his weight class by almost 100

See **HOSEY** Page 9



Photo by Cpl. Joshua Barnhardt

James Hosey prepares tp deadlift 500 pounds during the powerlifting competition at Edwards Air Force Base.

GUNNY’S PICKS

Week 5



Congratulations to Michael Boone, Maintenance 3Q Shop, MCB this week's winner of the Gunny's Picks. Boone went 10 – 3 this week. The Chargers fan is predicting a mild upset at Mile High when San Diego plays Denver this weekend. “This is where we’ll find out if the Chargers are ‘too legit to quit’ or not,” said Boone. We’ll find out for sure. In predicting Detroit’s upset of the Saints – just a hunch of course—the “Swami” predicts a Titans defeat at the hands of the Redskins at Adelphi Stadium. Here’s a look at the rest next week’s match ups.

To submit your choices for Gunny’s Picks, fill out this section of the newspaper and drop it off at the Public Affairs Office in the Red Wing of Building 15, or e-mail who you think will win each game to editor@barstow.usmc.mil.

- | | |
|-----------------------------|-------------------------------|
| Arizona at Carolina* | *Washington at Tennessee |
| Cincinnati at Indianapolis* | *Kansas City at NY Jets |
| New England at Miami | San Diego at Denver* |
| *NY Giants at Dallas | *Philadelphia at Jacksonville |
| *Oakland at Buffalo | St. Louis at San Francisco* |
| Pittsburgh at New Orleans* | Baltimore at Cleveland* |
| *Tampa Bay at Atlanta | |

Monday Night

*Green Bay at Chicago
Total points: _____

Name, work section and phone number: _____
Monday night’s game is a tie-breaker and must include a total score.

MCCS

MARINE CORPS Community Services Barstow

By Jim Gaines
MCCS Publicity

October Sale underway at MCX

All month long you can enjoy bargains like 15 percent off all mens and womens shorts and short sleeve T-shirts. Get 20 percent off Asics running shoes. The popular George Foreman grills and other gas grills you can get 10 percent off the regular price. Take advantage of these discounts, and shop early for the best selection.

The sale is on-going at the Super Seven Store at Nebo, and the Railhead Exchange at Yermo.

Lunch menu

Unless otherwise indicated the lunch menu for the Cactus Cafe is the same as the Family Restaurant.

Today – Mama's meat loaf, mashed

potatoes and gravy.

Friday – Breaded catfish, collard greens and potatoes au gratin.

Monday – Chicken fried steak, mashed potatoes and gravy.

Tuesday – Chicken adobo and steamed jasmine rice.

Wednesday – Sliced pork roast tenderloin, steamed rice and gravy.

Thursday – Family Restaurant: Baked potato and salad bar. Cactus Cafe: Baked potato and pre-made chef salad.

Call in your Cactus Cafe lunch order to the Family Restaurant at 577-6428 or 577-6429 no later than 9:30 a.m.

Prices: \$3 military, \$4.50 civilian. Includes roll/butter, vegetable and drink of choice.

Family Night Dining

Wednesday – Italian Night! Lasagna, spaghetti, garlic bread, pizza, tossed green salad and dessert.

Family Night Dinners are served Wednesdays from 4:30 p.m. to 7:30 p.m. Everyone is welcome.

Prices \$5.50 adults, \$3.50 children 5 to 11 years. Children under 5 years are free. Prices are the same for military and civilian personnel.

For full breakfast, lunch and dinner menus consult your MCCS Events Guide.

Semper Fit Classes

Health Promotions at Semper Fit is offering two free classes:

Yoga classes every Tuesday and Thursday at the Base Gym from 11:30 a.m. to 12:30 p.m.

Cycling classes every Tuesday and Thursday from 6 a.m. to 7 a.m.

For more information please call Jennifer Wales, health promotions coordinator at 577-6817.

NFL Sunday football

Enjoy all the games on DIRECTV SPORTS at the Enlisted Club. All ranks welcome. Join us every Sunday - club opens 9:30 a.m. Snack bar open all day.

Knott's Berry Farm Halloween

Halloween Haunt tickets available - price range \$20 to \$30. Tickets are limited, first come, first served.

Tijuana trip next month - sign up now for the Nov. 16 trip. For more information please call Betty at ITT at 577-6541.



Happy Oktoberfest

Celebrate Oktoberfest at the Oasis Club every Thursday this month during the Club's Oktoberfest Happy Hour. Come join us for authentic German food including Bradwurst, Sauerkraut and Kartoffelsalat (German Potato Salad). Enjoy a good selection of German beers to complement the delicious foods.

The Oasis Club will be offering a different German dish on the following Thursdays: October 3, 10, 17, 24 and 31. Stop by and check the weekly German food specials to see what's offered on a particular Thursday.

WILLKOMMEN UND GUTEN APPETIT!

THE OASIS CLUB

577-6432

HOSEY from Page 8

pounds.

Hosey turned to his strongest event, the deadlift, to pull him through.

"I wasn't sure if I could come back after the first two events, but when my competitor only deadlifted 375 pounds,

I knew I had him," said Hosey.

Hosey has competed in powerlifting competitions before, but this is the first one for him since high school.

"Maybe seeing me do this after so many years will motivate some of the Marines here to weight train and maybe compete as well," said Hosey.



Photo by Cpl. Joshua Barnhardt

James Hosey does the squat portion of the powerlifting competition while Robert Anguiano watches to see if he is doing the lift correctly.

ORDERS from Page 1

boot camp, and we all know that we should have our wills, powers of attorney and other paperwork in order at all times just in case a situation like this happens. Fortunately I was ready."

Having paperwork squared away is one thing, but being prepared to leave your family behind is another.

"I have to leave my wife and kid behind," said Tuzon. "They were just as surprised as I was when I received orders. They had no idea that I would be pulled from here."

Tuzon was randomly selected from Marines in his pay grade and occupational specialty to fill this position overseas, which is a rotating 6-month position in a joint service environment, said Tuzon.

"It was a Marine's turn to fill the billet, so I was chosen," said Tuzon.

"But that's what Marines do; that's why we're Marines. We are ready to tackle any mission at any time, anywhere."

BOOT from Page 5

Each of the drill instructors are active-duty Marines stationed in Southern California.

Chief Warrant Officer 3 Tony Rosenbum is a utilities officer with 1st

Combat Engineer Battalion at Camp Pendleton, Sgt. Maj. David Francisco is currently with the Western Recruiting Region at MCRD San Diego and Gunnery Sgt. Juanita Moore works as a Contract Specialist aboard Camp Pendleton.



Photo by: Ray Mickshaw/FOX

Television, music and pop culture personalities participated in "Celebrity Boot Camp" Top row left to right: Barry Williams, Vitamin C, Lorenzo Lamas, Nikki Schieler Ziering, Fabrice Morvan, and Drill Instructor Tony Rosenbum. Bottom row left to right: Tiffany, Traci Bingham, Coolio, Kato Kaelin, David Faustino.

1994 ASTRO VAN: Extended 8-passenger, loaded, \$6,000, OBO. Call 252-5181 AWH.

1977 PONTIAC LT: One of 2400 built. Xlt. cond., 36,000 original miles asking \$6,000. OBO, consider trade. Call 242-8539 ask for Bob.

MISCELLANEOUS: 1969 Aristocrate 15-foot travel trailer, needs minor work, tags current, \$900, OBO, or trade for vehicle. Call 252-2815.

MISCELLANEOUS: 1997 Yamaha 350 Banshee, new rear tires, FMF pipes and silencers, pro flow intake, K & N air filter, good shape, \$4,500, OBO. Call Ron 252-5365 AWH.

MISCELLANEOUS: Weedeater electric trim and edge model XT10. Xlt. cond., \$20, Truck Tire LT 215 85-R16, good cond. \$20; Auto Tire P185-70-R14, \$15; P175-70-513, \$10, one each. Call 256-6629.

MISCELLANEOUS: Used windows, 8'x4', 6'x4', 4'x4', three each, 3'x3, 3'x2', bath \$35 for all; used RR ties twelve \$35, must take all. Call 243-1392.

MISCELLANEOUS: Computer operating system, Pent. III, Windows ME 700MHZ, includes Multi media, 20 Gig hard drive, DVD player-CD-Rom, 3.5 Floppy, 546 modem, video, 3P sound blaster, 17" monitor, printer-cannon, keyboard/mouse, speakers, \$400, OBO; Authentic Casino Slot from Trump Plaza, dollar, token or silver, xlt. cond., \$850 OBO. Call 256-7557.

THANK YOU: "The Ulibarri and Lazenby families wish to express their appreciation and thanks to friends and co-workers at MCLB for their heartwarming expressions of sympathy during the recent loss of our beloved Melcom."

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